



The second half of 2019 was busy for us here at Elizabeth Fry Toronto! With the growing need of our services we launched a couple new programs and hired another group of amazing volunteers to meet the demand. We also increased our visibility in the community by attending more conferences, talks, rallies and hosting more events that align with our mission, vision and values. Lastly, we formed new partnerships with a few other organizations that are doing some great work in the community.

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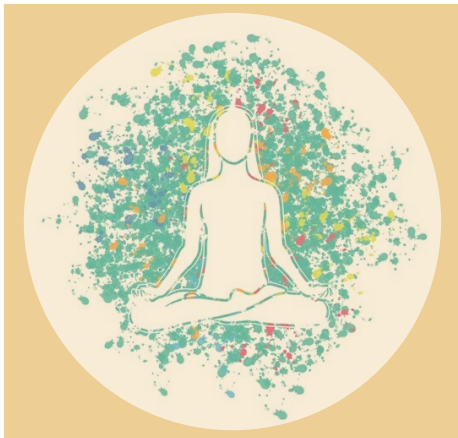


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TRAUMA RECOVERY EMPOWERMENT MODEL

It's been a great start for our new TREM program. TREM addresses the underlying effects of trauma while simultaneously working on confidence and empowerment. We are thrilled to be able to run this program in Vanier as well, with already two cohorts successfully completed! The first cohort at Elizabeth Fry Toronto is well underway and nearing the end, congrats ladies!



GROW MINDFULNESS PROGRAM

In September the GROW Mindfulness Program was officially launched! It is a 10 week program for women ages 16-29 in the Scarborough area. Participants learned strategies to build resiliency, self compassion and self awareness skills. We are excited to expand our reach to the Scarborough region and incorporate wellness tools into our practice.



HOME FOR GOOD

We've officially been in partnership with the City of Toronto's project 'Home for Good' for a year. The aim is to provide stable housing for women transitioning out of institutions. Although Toronto's rental market is extremely competitive and expensive, we have made strides in securing housing for several of our clients and continue to fight for affordable housing.



PRIDE 2019

On June 22, 2019, Elizabeth Fry Toronto tabled a booth at Pride with staff, volunteers and clients. It was nice to be in the midst of the celebration and to be surrounded by like-minded people. Our booth was a symbol of our solidarity with the queer community and to raise awareness about the realities and mistreatment of incarcerated people, specifically the LGBTQ2 community.

LEARN MORE

Visit our website efrytoronto.org for up to date program information and events

PJD 2019

On August 10th we partnered with PASAN and other organizations in honour of Prisoners Justice Day. We organized an event at Church of the Holy Trinity that included artwork from folks that were currently incarcerated, spoken word, testimonials and food, well done everyone! We also had biodegradable balloon release to commemorate the lives of those lost while incarcerated and those who are still fighting.



AGM 2019

This year we could not have been more thrilled with the turn out for our Annual General Meeting. We centered our AGM around the question, "*What does a world without prisons look like?*". After the meeting we screened the documentary 'Convictions' followed by a panel discussion which delved into the effects of prison on ones life and mental health.



VOLUNTEER TRAINING

In the later half of 2019 we hired a second group of passionate and knowledgeable volunteers. With more women getting wind of our Talk & Listen line and Court Support, our demand for volunteers has increased. Our volunteers are the backbone of our community support services, without them T&L, Court Support, Market Place and Vanier Social Programming would not be the same. Thanks for all your hard word!



CLIENT HOLIDAY PARTY

Once again we had a successful client holiday party! We changed it up a bit this year by including a photo booth and a kids corner where children could play as well as make arts and crafts. It was great to have clients, staff and volunteers all together in one space to celebrate the holidays. Our client holiday party would not be what is without the continued support of CP24 CHUM Christmas Wish and The Shoebox Project, thank you!



GET INVOLVED

Become a member and receive; AGM voting rights, special event invites & exclusive updates

2019 HIGHLIGHTS

NEW PARTNERSHIPS



We are thankful for all the partnerships we have formed and in-kind donations we've received. A big thank you goes out to our new ongoing partners; Lift: The Bra Project (bras), Writer's Trust of Canada (books), African Aid International (toothbrushes and toothpastes) and Gifts for the Homeless (personal care kits) for your continued donations.



My- Start Up Cohort 2 Grad



Mastercard Donation Drive



Staff Appreciation Picnic



Homeless Connect



RWM Panel Discussion



Travel Edge, UW Day of Caring

We are excited to see what 2020 has in store for us. We will continue to work on the behalf of women who are criminalized and advocate for change. Be sure to visit our website and click on the community calendar to stay up to date.

COMING SOON...

- Black History Month
- International Women's Day
- 3rd My Start-up Cohort launch
- Elizabeth Fry Week

MONTHLY DONOR

Consider becoming a monthly donor of E Fry Toronto. Monthly donations ensure that we have funding to help us continue our important work. Visit our website today to sign up! Every little bit counts.