

Elizabeth Fry Toronto members support our mission, vision and values and have voting rights at our AGM.

□ I would like to renew or purchase a membership

Individual Membership - \$10.00

Group Membership - \$50.00 **Organization Name:**

(Membership fee is not eligible for an income tax receipt.)

□ I would like to receive the Out for Change newsletter

Please send by mail or e-mail address:

Elizabeth Fry Toronto sometimes publishes the names of donors. Please check if you wish to remain anonymous.

I would like to include Elizabeth Fry Toronto in my will. Please send me information.

Elizabeth Fry Toronto respects your privacy and protects your personal information. From time to time we trade our mailing list with other reputable and like-minded charities. This allows us to find new donors to support our work. However, if you prefer not to have your name traded, please check this box

Consider Us

Vou can change the future when you make a decision today to leave a legacy for tomorrow. A gift in your will, no matter how big or small, can make a real difference.

A planned gift or charitable bequest is one that is promised now and realized sometime in the future. Over the past years, we have received generous donations from supporters who believe in the work we do. They have remembered us in their wills, insurance policies by the way of an annuity, or in the form of tangible property. Making provisions for donations in your will allows you to realize your philanthropic objectives while maximizing tax and financial benefits. If your will is on your mind, then consider a charitable bequest to help marginalized women break free from the cycle of incarceration, poverty and homelessness. We encourage you to seek the services of a qualified and experienced estate lawyer to ensure that a gift is set up in the most appropriate way.



While Eleanor McDonald remembered EFry women in her will, we remember Eleanor:

Eleanor McDonald passed away peacefully in Toronto on Friday, February 24, 2017 in her 95th year. Originally from the United

States, Eleanor moved to Canada, teaching community college, raising three daughters and supporting social issues such as women's rights and the abolition of capital punishment. She was a tireless advocate of accessibility rights and affordable housing for all.

In 2012, she received the Queen's Silver Jubilee Medal for her years of community service. We are thankfully for her years of support as an employee at Elizabeth Fry and a donor since 1992.



Our Mission

To support women who are, have been, or are at risk of being in conflict with the law.

Our Vision

A society that ensures all women have the dignity and capacity to make informed choices about their lives and avoid conflict with the law.

Our Values

We are committed to:

- Agency to be instrumental in our lives and the lives of others
- Dignity to ensure each person is regarded as worthy, honoured and esteemed
- Diversity to respect and celebrate human difference
- Innovation to create change that makes thinas better
- Resilience to recover from and adjust to change and challenge

INSIDE:

Elizabeth Fry Week: Tea with Hart BMO comes to EFry

NEWSLETTER

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In the Community

Consider Us

Elizabeth Fry toronto Hope. Strength. Justice.

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Elizabeth Fry Week: Tea with Hart

or 66 years, Elizabeth Fry Toronto has helped the most marginalized women in our community. Our programs provide the first stages of healing and strength-building to help women successfully reintegrate into the community after a term of imprisonment.

The week preceding Mother's Day is Elizabeth Fry Week. Elizabeth Fry Societies across Canada host events to raise public awareness of the issues and needs faced by women and the circumstances that lead them to become criminalized.

Elizabeth Fry Week by hosting our first Tea with Hart afternoon event celebrating 26 EFry clients who have overcome challenges and rebuilt their lives. Clients, volunteers, donors and staff gathered for a sunny afternoon of inspirational stories, tea and treats, games, raffle prizes and shared ceremonies.

We would like to extend a heartfelt thanks to all our sponsors and volunteers who helped make our event such a great success: City of Toronto; Daily Pearls; Canadian Beauty Colleges; Crabtree & Evelyn; Lindt Canada; Starbucks; Loblaws; The Keg; Furniture Bank; Shopper's Drug Mart Life Foundation; Keurig; and Photographers Without Borders.





Elizabeth Fry Week is always the week before Mother's Day to remind communities that women in prisons are vulnerable mothers separated from their children. This year on May 9th, we marked

V-O-L-U-N-T-E-E-R

The quiet place inside wants to make some noise

Make your mark, make a difference and help build out agency's awareness volunteering at a charitable Bingo hall. If you're interested in this volunteer experience please contact our Volunteer Coordinator at 416 924 3708 x 234. You'll find a win-win experience with us.



Hats off and a round of applause to all 82 of our volunteers. Without you, the women would not be where they are today.



BMO Comes to EFry

n partnership with the local United Way, a team of enthusiastic volunteers from Bank of Montreal's (BMO) corporate downtown Toronto office spent the day at EFry volunteering. After a short presentation on harm reduction and safe injection sites, the BMO employees assembled Harm Reduction Kits. The kits are distributed to vulnerable populations to reduce the physical harm of drug use including the spread of infectious diseases.

Rosie, a member of the group, called the experience "eye-opening" while Candace, the leader of the team, echoed those sentiments. Candace said she hadn't had any personal experience with addicts or recovering addicts; so coming to EFry to learn about harm reduction has exposed her to new realities.

When asked about what the team would take away from this experience, Mandy said, "Working in a corporate environment means that we have a certain degree of privilege. There are many parts of Toronto that we don't see during our normal day-to-day. We may not have experience with drug use, but we need to keep an open mind if we want to support our communities in the ways they need to be supported. Our promise to our customers, "We're here to help" also applies to our role in the communities where we live and work."

At the beginning of the session, the self-proclaimed "competitive" team set their goal on beating the number of kits made by the previous volunteer group, of approximately 400 kits. In less than two hours, the BMO team made 1176 harm reduction kits. That is a number hard to beat!

In the Community



The Abundant Love Project: Deborah Delise a mother, who lost her daughter to suicide in 2014, turned her heartache into hope and found inspiration in the least likely place, a sparkling and beautiful rock at the beach. In effort to make others smile, she started leaving hand painted rocks with

inspirational messages for others to find. She named the project "The Abundant Love Project". Grand Valley Institution for Women heard about this project and began painting rocks with inmates to show their support for the community. We decided to continue this project and our EFry clients, volunteers and counsellors came together to paint inspirational notes on rocks to pass on to our EFry community.

The Marketplace:

Before, when clients described their needs for warm clothes and self-care products. counsellors handed them a resource list of organizations that can help. Now, our counsellors walk clients to our new in-house Marketplace. The Marketplace is stocked with free personal care products and new clothing donated by Brands for Canada. A little bit of dignity goes a long way.





Project Winter Survival: Thank you to Engage and Change for changing the lives for those in need. EFry was given several winter survival kits and sleeping bags for EFry clients experiencing homelessness and poverty. We are excited to continue our partnership and receive summer survival kits at the end of June.

Women's March:

On January 20th, Elizabeth Fry staff and volunteers marched in solidarity to dismantle systems of oppression through non-violent resistance and demanded for a movement towards inclusive structures guided by dignity and respect.



Yes! I would like to support

Elizabeth Fry toronto Hope. Strength. Justice.

PLEASE CHOOSE ONE:

Here is my monthly gift to provide stable, ongoing funding: □ \$15 □ \$25 □ \$35 Other \$. OR □ I am renewing my support with a one-time gift in the amount of: \$50 \$75 \$100 Other \$ OR You can make a safe and secure donation on-line at www.

efrytoronto.org/make-a-donation

I authorize Elizabeth Fry Toronto to process my gift through my:

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VISA Mastercard AMEX

Pre-authorized Debit

(Attach VOID cheque.)

Note: Available for monthly gift only.

Name (please print)

Card No

Expiry Date

Signature

Today's Date

I understand that monthly gifts will be processed at the beginning of each month and I may change or cancel at any time.

This gift is in honour of or in memory of

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